

**11 NCAC 08 .1407            SCHEDULING**

Courses shall be scheduled and conducted in a manner that limits class sessions to a maximum of eight classroom hours in any given day, including breaks for each class session. The maximum permissible class session without a break is 90 minutes. Courses scheduled for more than four hours in any given day shall include a meal break of at least one hour. The provisions of this rule do not apply to distance learning courses.

*History Note:     Authority G.S. 143-143.10; 143-143.11B;  
                          Eff. August 1, 2002;  
                          Amended Eff. May 1, 2004;  
                          Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. January 9,  
                          2018.*